




NUSPA

MANCHESTER





**nu spa** welcomes you to a haven of peace and tranquility, a sensory retreat in which to unwind and begin the journey towards total wellbeing.

### **Our Philosophy**

The tree of life is a symbol of our fresh start on life, positive energy, good health and a bright future.

As a symbol of immortality, a tree grows old, yet it bears seeds that contain its very essence and, in this way, the tree becomes immortal as a symbol of growth and strength.



# **OUR FACILITIES**

**12M HEATED POOL**

**STEAM ROOM**

**SAUNA**

**POOLSIDE RELAXATION LOUNGERS**

**2 FITNESS SUITES**

Snacks & drinks available poolside

A flat-lay photograph on a teal background. On the left, a large sprig of eucalyptus leaves is partially covered by a folded green and grey towel. In the center, a white mortar and pestle contains several eucalyptus leaves. Scattered eucalyptus leaves are also visible on the teal surface. The text "our spa treatments" is written in a black, cursive font on the right side of the image.

our spa  
treatments



# FACIAL TREATMENTS

## THE LUXURY SPA FACIAL £79

50 minute treatment

The ultimate facial experience. Hydrate, cleanse and brighten with this facial designed to provide immediate and lasting benefits to all types of skin. The Natural Spa Factory products are designed to leave your skin looking radiant and luminous.

## THE MINI SPA FACIAL £49

25 minute treatment

Get maximum results in minimum time! Our Mini Spa Facial is the perfect pick me up for a busy lifestyle. Using luxurious hydrating products, you'll walk away rejuvenated and revitalised.

## REVITALISING EYE TREATMENT £49

25 minute treatment

Perfect for tired eyes, this refreshing treatment helps minimise the appearance of fine lines and dark circles, leaving you with a youthful healthy glow!

## SHOULDER, FACE AND SCALP £49

25 minute treatment

This treatment has been created to help maximise stress relief and aid relaxation. Fully customised to help relieve tension in the shoulders, neck, face and scalp.





# BESPOKE EXPERIENCES

Bespoke luxury experience comes in all shapes and sizes in the world of Spa. Whether you visit just for a treatment or the full spa day experience, either way no one does luxury quite like nuspa. All of our treatments are personalised and it's the signature touches that make a big difference.

Here at nuspa, we make sure that the clients comfort is at the top of our priority. Heated beds, dark and yet fragrant rooms tantalise your senses prior to your treatment.

Calming – the finest carrier oils crammed with ylang-ylang and evening primrose, this massage oil is bursting with natural sweet orange, raspberry, chamomile and rosehip oils, helping you relax and find peace.

Invigorating – Created to help calm the body, but leaving you feeling refreshed and rejuvenated. A bespoke oil, created by using seaweed and citrus aromas.

Sensitive – Loaded with rosehip, raspberry, sunflower, apricot and evening primrose oils, this oil is delicate to the skin and ideal for sensitive or easily irritated skin types. Wonderfully delicate yet holds beautifully intricate scents.

**WHILST THE MESSAGE WILL RELAX YOUR BODY AND MUSCLES, OUR LUXURY PRODUCTS WILL STIMULATE YOUR MIND AND ADD THAT PERSONAL TOUCH.**



# MASSAGE TREATMENTS

Advanced massage techniques used to ease away the stresses and strains caused by daily life. Muscle tension areas will be eased, with the massage not only leaving you feeling exceptionally good, but relaxed and invigorated too.

## FULL BODY MASSAGE £79

50 minute treatment

### AROMATHERAPY

Aromatherapy is a specific type of therapy that incorporates the use of scented essential oils into a massage. The massage involves alternating between gentle and harder pressure whilst using a specific blend of essential oils.

### HOT STONE

The rocks are heated before use and the massage therapist can apply deep pressure to areas of concern without causing any discomfort.

### SWEDISH

Our highly trained therapists use a blend of hand and arm techniques to help deliver a customised treatment. This treatment helps relax tired muscles and improve overall health.

## BACK, NECK AND SHOULDER MASSAGE £49

25 minute treatment

## LEG, ANKLE AND FOOT MASSAGE £49

25 minute treatment





our Spa  
packages





# SPA DAY PACKAGES

## RELAX SPA DAY FOR TWO £89

Available: Monday to Thursday

### SELECT ONE OF THE FOLLOWING:

**Refresh** – 20 mins Hot Stone Massage  
and 20 mins Mini Natural Spa Factory Facial

**Restore** – 20 mins Tranquillity Scalp Massage  
and 20 mins Revitalising Eye Rescue

**Renew** – 40 mins Back Detox

Robes, slippers and towels.

3 hours use of facilities.

Complimentary Parking

(subject to availability).

## PAMPER ME £65 - £149

Available: Monday to Sunday  
50 Minute treatment each

### SELECT ONE OF THE FOLLOWING:

**Essential** – Full Body Massage

**Holistic** – Hot Stone Therapy

**Luxury** – Natural Spa Factory Facial

**Bespoke** – Back Massage & Mini Natural Spa  
Factory Facial

Robes, slippers and towels.

3 hours use of facilities.

Complimentary Parking

(subject to availability).

## SHEER INDULGENCE SPA DAY FOR TWO

**£199 - £249**

Available: Monday to Sunday  
100 minute treatment

### DURING THIS EXPERIENCE YOU WILL EACH RECEIVE

1. Full Body Massage (50 minutes)
2. Deep Cleansing Back Exfoliation (25 minutes)
3. Natural Spa Factory  
Customised Facial (25 minutes)

Robes, slippers and towels. 3 hours use of  
facilities.

Complimentary Parking  
(subject to availability).

PLEASE NOTE ALL OUR PACKAGES  
ARE AVAILABLE 1 – 4 PERSONS

**PLEASE SEE OUR WEBSITE  
FOR OUR SEASONAL OFFERS  
[WWW.NUSPA.CO.UK](http://WWW.NUSPA.CO.UK)**

# SPA STAY PACKAGES

Our Park Inn by Radisson hotel deserves to be at the top of everyone's bucket list. Our overnight stays are the perfect getaway that will leave you feeling instantly revitalised from the moment you walk through the door.

## LUXURY SPA STAY FOR TWO £289

Available Everyday

### SELECT TWO 25 MINUTE TREATMENTS

Back, Neck and Shoulder Massage  
Leg, Ankle and Foot Massage  
Mini Spa Facial  
Revitalising Eye Treatment  
Shoulder, Face and Scalp Massage

Robes, slippers and towel  
Glass of prosecco  
Complimentary parking  
*(subject to availability)*  
Overnight stay, double room  
Breakfast

Bookings made on a Friday and Saturday  
will incur a £10 per person surcharge

# GROUP SPA PACKAGES

## SPARKLING GROUP SPA DAY £79 PER PERSON

**GUESTS CAN CHOOSE ONE OF THE FOLLOWING TREATMENTS:**

### **EITHER ONE 50 MINUTE TREATMENT**

- Full Body Massage (Aromatherapy, Hot Stone or Swedish)  
or Luxury Natural Spa Factory Facial

### **OR TWO 25 MINUTE TREATMENTS**

- Back Massage (Aromatherapy, Hot Stone or Swedish)
  - Leg, Ankle and Foot massage
  - Mini Spa Facial
  - Revitalising Eye Treatment
- Shoulder, Face and Scalp Massage

Robes, slippers and towels, 3 hours use of facilities  
Free parking (subject to availability), Glass of Prosecco

Please contact us directly if you would like to discuss creating  
a unique package for your special occasion!



# THE NATURAL SPA FACTORY

Award-winning, luxurious, natural products. Based in the UK, the Natural Spa Factory botanically source ingredients derived by nature like Herbs, Plants and Flowers.

Our premium products are 99% natural and are used in spas and salons around the world. Luxury skincare. 100% naturally sourced. No animal testing.





# BOOKING PROCEDURES

Treatments are available for anyone over the age of 18, when booking please make sure you make the team aware of any medical conditions that may affect your treatment/ experience.

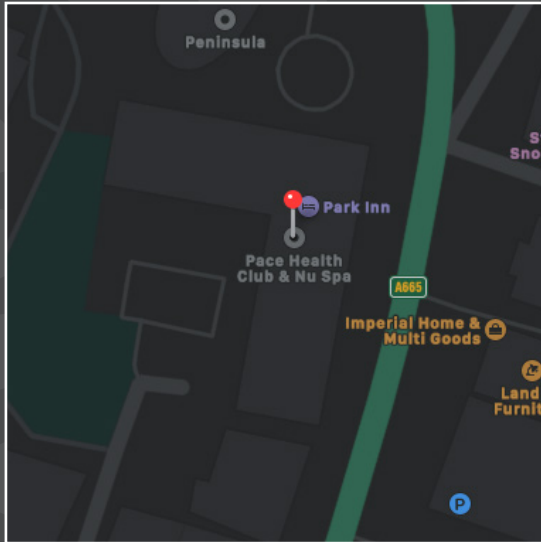
Vouchers are valid 6 months from purchase.

We require full payment on booking and we operate a 48-hour cancellation policy. Cancellation within this time will result in a booking being lost.

Your journey to **serenity is about to begin**, a warm welcome awaits you at nuspa.



**NUSPA**  
MANCHESTER



## **OPENING TIMES**

Monday: 10:00am – 6:00pm

Tuesday: 10:00am – 6:00pm

Wednesday: 10:00am – 6:00pm

Thursday: 10:00am – 6:00pm

Friday: 10:00am – 6:00pm

Saturday: 10:00am – 6:00pm

Sunday: 10:00am – 6:00pm

Bookings: 0161 464 5508

t: 0161 837 8377 e: [pace.manchester@parkinn.com](mailto:pace.manchester@parkinn.com)

nu spa, Park Inn Hotel, Manchester, M4 4EW

[www.nuspa.co.uk](http://www.nuspa.co.uk)